



**ABOUT PRE-RETIREMENT SEMINARS**

This educational event is designed for railroad employees and spouses who plan on retiring within the next five years. Individuals who attend this program will learn about the retirement benefits available to them, and be guided through the application process by RRB staff. Attendees receive an informational kit full of helpful materials, and an estimate of their future retirement annuity (if requested in advance).

**HOW TO RSVP**

Due to limited space, registration is required. We encourage anyone who is interested in attending to RSVP online or by mail/fax as soon as possible. If you register for a seminar and become unable to attend, please notify your local field office.



**REGISTER ONLINE at RRB.gov**

Click on: **Our Agency ▶ Office of the Labor Member ▶ Pre-Retirement Seminars.**  
Select your local seminar in the schedule listed, fill in your information, and hit submit.



**Or, RSVP on paper by mail/fax**

Print and complete this form, then mail or fax it to your local RRB field office.  
(Find contact information for any office through **Field Office Locator** at **RRB.gov.**)

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**DATE OF PRE-RETIREMENT SEMINAR** \_\_\_\_\_

**Name** \_\_\_\_\_

**Address** \_\_\_\_\_

**City** \_\_\_\_\_ **State** \_\_\_\_\_ **Zip** \_\_\_\_\_

**Phone Number** \_\_\_\_\_ **Email** \_\_\_\_\_

**Please provide your spouse's name (if married)** \_\_\_\_\_

**Will your spouse be attending with you?**  **Yes**  **No**

To help us plan who we will invite as presenters, please indicate if are you covered by the **Railroad Employees' National Health and Welfare Plan (GA-23000)**  **Yes**  **No**

If you have at least 10 years (120 months) of railroad service, or 5 years (60 months) after 1995, and would like a retirement annuity estimate, please provide the following information:

**Your social security number** \_\_\_\_\_ **Your date of birth** \_\_\_\_\_

**Spouse social security number** \_\_\_\_\_ **Spouse date of birth** \_\_\_\_\_

If you have not previously submitted any of the documents required in order to file a railroad retirement application (such as proof of age, marriage, or military service), please bring the original records or certified copies with you, along with an additional copy of each item to leave behind with field service staff.

Employees and spouses preparing for retirement may schedule an appointment for individual retirement counseling, which is provided at any RRB field office or over the phone. Call the agency toll-free (1-877-772-5772) to request an appointment.